



Heritage Pointe
SENIOR LIVING
A Lifespark Community

Age Magnificently



Our Community Newsletter

Discover what's going on in our community.

March Birthdays and Anniversaries

Residents:

Bertha--3/18

Joe--3/20

Vicki--3/25

Kate--3/27

Staff:

Andrea--3/6

Skylar--3/26

Kira--3/30

Staff Anniversaries:

Mary L--3/9/20--4 years

Ava--3/10/21--3 years

Leah--3/28/17--7 years

Catrice--3/29/22--2 years

Mary Swanson--3/31/23--1 year

Update From Executive Director, Sara Dolan, LALD

Spring has sprung early this year! Get outside and enjoy the nice weather! Maybe we will be able to get into the gardens early this year!

Softball season is starting in my household, so we are hoping for nice weather and less rainy days this year. We will be going over tornado and several thunderstorm drills in the near future so please be aware of these drills.



Update for the Spark Games:

The Dragonflies continue to be at the top of the league this season. Feel free to join us in person or via zoom on Tuesdays and Thursdays at 1pm.

Important games coming up:

Final 4--12th and 14th at 1PM

Championship Game-- 19th at 1PM



Things Happening at Heritage in March:

Stations of the Cross- every Friday at 3pm

Lutheran Services- 14th and 21st at 10:30AM

Holy Thursday- 28th Livestream Catholic Mass at 9:30AM

Good Friday- 29th Livestream Service

Bus Shopping- 5th and 19th at 2:00PM

Walker/Wheelchair Clinic- 16th at 12:45PM

Sparkle Hymn- 8th at 10:45AM

Men's Club w. Bernie- 12th at 10:30AM

Piano Concert w. Cris- 19th at 10:30AM

Bus Prairie's Edge Casino- 20th at 9:30AM

Card Making w. Heather- 20th at 3:00PM

Resident Council- 21st at 11:30AM

Painting w. Diane- 22nd at 3:00PM

Birthday Social- 26th at 2:30PM

Lloyd Concertina- 28th at 10:30AM

Diamond Art- Every Monday at 3:00PM

Po*Ke*No Cancelled until further notice.

Hairitage Salon
 Open Wednesdays
 From 9AM-2PM
 Call Sonia to make
 an appointment
 507-530-7366

March BIRTHDAY SOCIAL
 All Welcome
 Serving Coffee & a Treat
 March 26th at 2:30PM
 Community Room

Coffee & Chat
 with Friends
 Everyday at 2:00pm
 Bistro



Update from Community Life:

Here in community life, we've been decorating for the upcoming holidays of St. Patrick's Day and Easter.

With the lovely weather hopefully, we can start tending to our gardens. We'd like to give a big thanks to all of volunteers who are giving their time to do early morning work outs and calling bingo for us here at

Heritage!

Big Thank You to Our Volunteers

- Pastor Rassmussen
- Hope Harbor
- Steve Verkinderen
- Pastor Sarah
- Margie & Butch Dahl
- Holy Redeemer Ladies
- Jaen Wielage

If you are interested in volunteering, there are many ways you could help out!

- BINGO caller
- Teach a fitness class
- Run a craft or art class
- Lead a club (Men, Woman, Book, Bible)
- Organize a card club

For more information contact Kylee or Anahi at 507-337-4330 or email at anahi.ibarra@lifesparks1.com or kylee.lang@lifesparks1.com

Please Welcome Our New Staff

Starr-HHA

Kalai--LPN



Update from DHS, Nicole Coequyt, RN:

Springtime causes allergies in most. Please be aware, report any symptoms, and continue with proper hand hygiene.

Get outside during the nice weather and enjoy soaking up some Vitamin D!

My kids will be enjoying volleyball and baseball this spring! Always keeping us busy!

